

# Health and Wellbeing Surrey



**August 2013**



## At our informal meeting on 1 August 2013, Surrey's Health and Wellbeing Board discussed a range of issues...

### What we discussed

- Surrey's Supporting Families Programme
- Improving children's health and wellbeing

### Who was there?

Councillor Michael Gosling (co-chair) - Cabinet Member, Surrey County Council  
 Dr Joe McGilligan (co-chair) – Chair, East Surrey Clinical Commissioning Group  
 Helen Atkinson – Acting Director of Public Health, Surrey County Council  
 Dr Jane Dempster – North East Hampshire and Farnham Clinical Commissioning Group  
 Dr David Eyre-Brook – Chair, Guildford and Waverley Clinical Commissioning Group  
 Dr Claire Fuller – Clinical Chair, Surrey Downs Clinical Commissioning Group  
 John Jory, Chief Executive, Reigate and Banstead Borough Council  
 Susie Kemp, Assistant Chief Executive, Surrey County Council  
 Sue Robertson, Associate Director, North West Surrey Clinical Commissioning Group  
 David Sargeant, Assistant Director - Personal Care and Support, Surrey County Council  
 Jane Shipp – Healthwatch Surrey  
 Dr Andy Whitfield – Chair, North East Hampshire and Farnham Clinical Commissioning Group  
 Nick Wilson, Strategic Director of Children, Schools and Families, Surrey County Council  
 Eleanor Robb – Health and Wellbeing Programme Manager, Surrey County Council

## Surrey's Supporting Families Programme

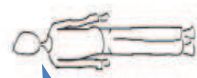
**Presented by:** Sean Rafferty  
(Head of Family Services,  
Surrey County Council)

### What did the presentation cover?

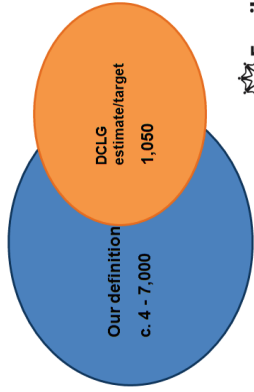
Sean provided the Board with information about Surrey's Supporting Families Programme. The Supporting Families Programme is an intensive programme that facilitates the coordination of agencies around those families most in need.

The presentation covered the national policy context, the methodology used to select the families who receive support, how the programme is funded, the geographical location of families, the whole family approach and timescales for local implementation.

*Surrey's Supporting Families Programme is about stepping in to help the families most in need*



### Our most troubled families



### What was discussed by the Board?

- The role of adult literacy education in the Programme
- Information sharing protocols and the good learning that comes from the Programme
- The level of awareness about the Programme amongst health professionals and how GPs and other health partners can add to the work
- Opportunities for targeting public health and preventative work with families on the Programme

*It saves money...£20,000-£30,000 per family*



### What was the outcome of the discussion?

- The Supporting Families Programme will be part of the action plan for the 'improving children's health and wellbeing' priority, as well as the action plan for the 'taking a preventative approach' priority
- Key strategic conversations will take place between health partners, District and Borough Councils, Public Health and Surrey's Supporting Families Programme to facilitate greater understanding and involvement across health partners
- Workshops aimed at scaling up the Supporting Families Programme to reach more families will take place in the autumn

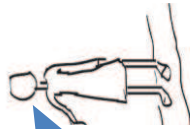
## Improving children's health and wellbeing

**Presented by:** Dr David Eyre-Brook, Lucy Botting, Dr Liz Rayment (Guildford and Waverley Clinical Commissioning Group), Nick Wilson, Ian Banner, Beverley Clarke (Surrey County Council), Diane McCormack (Children's Commissioning lead for Clinical Commissioning Groups).

### What did the presentations cover?

Following on from the Health and Wellbeing workshop held in July, the leads for the 'Improving children's health and wellbeing' priority facilitated a workshop focussing on three themes:

- children with complex needs;
- early help; and
- joint commissioning.



*Early help is about family resilience...*

*It is easier to do things together than apart*

### What was discussed by the board?

The discussion was wide ranging across each of the three themes and included:

- the need for making decisions about pooled budgets and joint commissioning, and the current barriers to this;
- the importance of information sharing between agencies;
- the need for courageous leadership in leading organisations to work together and promote whole system change; and
- the need to develop the workforce to support improvements to children's health and wellbeing.

### What was the outcome of the discussion?

The Board agreed to progress the joint approach to commissioning they had discussed.

It was also agreed that the leads would take the outputs from the session, together with the outputs from the workshop held in July, and work with partners to develop an outline children's health and wellbeing plan to be presented to the Board at its meeting on 5 September 2013.

On 11 July 2013 the county's district and borough councils held a workshop to focus on their role in implementing the 'promoting emotional wellbeing and mental health' priority...

### Who was there?

John Jory, Chief Executive of Reigate and Banstead Borough Council, hosted the workshop which had representatives from Surrey's district and borough councils, Surrey County Council and North East Hampshire & Farnham Clinical Commissioning Group (as lead commissioners for mental health for the Surrey Clinical Commissioning Groups).

### What were the aims of the workshop?

The workshop was designed to ensure those who attended:

- developed a better understanding of health issues across Surrey, particularly emotional wellbeing and mental health and the impact it can have on people's lives;
- learned about the action that is being taken pan-Surrey through Surrey's Joint Health and Wellbeing Strategy;
- were able to share examples of the work being undertaken locally to promote emotional wellbeing and mental health; and
- discussed and generated ideas for further action to be taken locally.

### What happened at the workshop?

The workshop had a packed agenda with a combination of presentations and group discussions.

The discussions showed that there is a huge amount going on already to promote emotional wellbeing and mental health – including the development of Dementia Wellbeing Centres, a wide range of 'housing' initiatives, community and leisure services and the Supporting Families Programme.

Opportunities for further work were also identified including mental health awareness training, encouraging volunteering and reaching out within communities through community hubs and the use of new, digital technology.

The highlight of the workshop, was a powerful short play (performed by Acting Out) to demonstrate the impact of mental illness on a person's life.

*Did you know in Surrey...  
...an estimated 110,000 people aged 18-64 have a common mental disorder such as depression or anxiety.  
...almost 20,000 children / young people have a mental health problem.*



*Nationally...  
...nearly 9 / 10 people with mental health problems have experienced stigma & discrimination.  
...fewer than 4 / 10 employers say they would consider employing someone with a history of mental health problems.*

### What happens next?

Attendees agreed to take back the actions they had discussed to their respective organisations to explore how they could be taken forward. Further workshops will be held each quarter to discuss other priorities and discuss the progress that has been made.



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